

ENGLISH GRADE 7
AIR FOUNDATION SCHOOL SYSTEM

ISLAMABAD | PAKISTAN



Teaching weeks per annum

For the regions where academic session begins in **April**

FIRST TERM: APRIL – SEPTEMBER

Expected Teaching Weeks

April	Teaching Week 1	Teaching Week 2	Teaching Week 3	Teaching Week 4
May	Teaching Week 5	Teaching Week 6	Teaching Week 7	First Midterm Examination
June	<i>Summer Vacation</i>	<i>Summer Vacation</i>	<i>Summer Vacation</i>	<i>Summer Vacation</i>
July	<i>Summer Vacation</i>	<i>Summer Vacation</i>	<i>Summer Vacation</i>	<i>Summer Vacation</i>
August	Teaching Week 8	Teaching Week 9	Teaching Week 10	Teaching Week 11
September	Teaching Week 12	Teaching Week 13	Midterm Examination	Mid Term Examination

SECOND TERM: OCTOBER – MARCH

Expected Teaching Weeks

October	Teaching Week 14	Teaching Week 15	Teaching Week 16	Teaching Week 17
November	Teaching Week 18	Teaching Week 19	Teaching Week 20	Teaching Week 21
December	Teaching Week 22	Second Midterm Examination	<i>Winter Vacation</i>	<i>Winter Vacation</i>
January	Teaching Week 23	Teaching Week 24	Teaching Week 25	Teaching Week 26
February	Teaching Week 27	Teaching Week 28	Teaching Week 29	Teaching Week 30
March	<i>Revision Work</i>	Annual Examination	Annual Examination	<i>PTM & Annual Day</i>



Teaching weeks per annum

For the regions where academic session begins in **August**

FIRST TERM: AUGUST – DECEMBER

Expected Teaching Weeks

August	Teaching Week 1	Teaching Week 2	Teaching Week 3	Teaching Week 4
September	Teaching Week 5	Teaching Week 6	Teaching Week 7	First Midterm Examination
October	Teaching Week 8	Teaching Week 9	Teaching Week 10	Teaching Week 11
November	Teaching Week 12	Teaching Week 13	Teaching Week 14	Teaching Week 15
December	Midterm Examination	Midterm Examination	<i>Winter Vacation</i>	<i>Winter Vacation</i>

SECOND TERM: OCTOBER – MARCH

Expected Teaching Weeks

January	Teaching Week 16	Teaching Week 17	Teaching Week 18	Teaching Week 19
February	Teaching Week 20	Teaching Week 21	Teaching Week 22	Second Midterm Exam
March	Teaching Week 23	Teaching Week 24	Teaching Week 25	Teaching Week 26
April	Teaching Week 27	Teaching Week 28	Teaching Week 29	Teaching Week 30
May	<i>Revision Work</i>	Annual Examination	Annual Examination	<i>PTM & Annual Day</i>



Allocation of periods

Subjects and period distribution for preparing timetable, syllabus breakdown, lesson plans etc.

SN	SUBJECT	JUNIOR			PRIMARY		SECONDARY			EACH SUBJECT PER ANNUM
		GRADE – 1	GRADE – 2	GRADE – 3	GRADE – 4	GRADE – 5	GRADE – 6	GRADE – 7	GRADE – 8	
1	English Language	5	5	5	5	5	5	5	5	150
2	Urdu Language	5	5	5	5	5	5	5	5	
3	Mathematics	5	5	5	5	5	5	5	5	
4	Science	-	-	-	5	5	5	5	5	
5	General Knowledge	5	5	5	-	-	-	-	-	
6	Sindhi Language ¹	4	4	4	4	4	4	4	4	120
7	Social Studies	-	-	-	4	4	-	-	-	
8	Islamiyat	4	4	4	4	4	4	4	4	
9	Nazra-e-Quran ²	4	4	4	4	4	4	4	4	
10	Geography	-	-	-	-	-	3	3	3	
11	Computer Science	3 SRM ³	3 SRM	3 SRM	3 SRM	3 SRM	3	3	3	90
12	Life Skills	3 SRM	3 SRM	3 SRM	-	-	-	-	-	
13	Artwork	3 SRM	3 SRM	3 SRM	-	-	-	-	-	
14	History	-	-	-	-	-	2	2	2	60
15	Life Skills & Art	-	-	-	2 SRM	2 SRM	-	-	-	
		-	-	-	-	-	1 SRM	1 SRM	1 SRM	30
PERIODS PER WEEK		37	37	37	37	37	37	37	37	

¹ In Sindh Region only

² In all regions except Sindh

³ SRM: (Supplementary Reading Material)



WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
1 /30	1.	UNIT 1, Adventure of Isabel, Reading and Explanation, Vocabulary Words, / Meaning, pg. no 2,3.		
	2.	A: Comprehension (Q 1: parts a to f) page: 4		
	3.	A: Comprehension (Q 1: parts g to k) page: 4		
	4.	B: Working with words (Q 1 to 4) page: 4-5		
	5.	C: LEARNING ABOUT LANGUAGE: Punctuation (Q 1 to 3) Page: 5-7		

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WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
2 /30	6.	C: LEARNING ABOUT LANGUAGE: Adverbs (Q 1 to 4) Page: 8		
	7.	D: LISTENING AND SPEAKING Page: 9		
	8.	E. COMPOSITION page: 9		
	9.	UNIT 1: The First in Her Field (Reading and Explanation of lesson) page: 10-12		
	10.	UNIT 1: The First in Her Field (Reading and Explanation of lesson) page: 10-12		

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WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
3 /3 0	11.	A: Comprehension (Q 1) page: 12		
	12.	B: Working with words (Q 1 & 2) page: 12-13		
	13.	C- LEARNING ABOUT LANGUAGE: Paragraphs (Q 1 to 3) Page: 14-15		
	14.	D- Listening and Speaking/ E Composition. page: 15		
	15.	E: Composition. page: 15		

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WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
4 /30	16.	UNIT 2-Light in the Night, Reading and Explanation. Vocabulary Words/Meanings. page: 15 to 17		
	17.	Exercise: A: Comprehension (Q 1: a to i) page: 18		
	18.	A: Comprehension (Q 1: j to m) page:18-19		
	19.	B: Comprehension (Q 2 & 3) page:19 B: Working with words: More Auxiliary verbs (Q 1 to 2) page: 19-20		
	20.	C: LEARNING ABOUT LANGUAGE: ARTICLES (Q 1 to 3) Page: 20-21		

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WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
5 /30	21.	C: LEARNING ABOUT LANGUAGE: ADVERBS (Q 1 to 3) Page: 21-22		
	22.	D: LISTENING AND SPEAKING & E. COMPOSITION Page: 22-23		
	23.	Project page: 23		
	24.	Poem: No! (Reading and Explanation of poem) A: Comprehension (Q 1: a to f) page: 24-25		
	25.	A: Comprehension (Q 2) & B: Working with words page:25-26		

NOTES



WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
6 /30	26.	C: LEARNING ABOUT LANGUAGE: Pronouns (Q 1 to 3) Page: 26-27		
	27.	D: LISTENING AND SPEAKING: Q 1 to 3 Page: 27-28		
	28.	E. COMPOSITION page: 28		
	29.	UNIT 3: BLACK BEAUTY: Reading and explanation of the lesson) Vocabulary words / meanings. page: 29-30		
	30.	A: Comprehension (Q 1: a to i) page:31 .		

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WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
7 /30	31.	A: Comprehension (Q 2:Reference to context) page:31	ORKING	
	32.	B: Working with words (Q 1 to 3) page: 31-32		
	33.	B: Working with words: Verbs (Q 1to 3) page: 32-33		
	34.	C: LEARNING ABOUT LANGUAGE: (Q 1 to 2) Page: 33-34		
	35.	D: LISTENING AND SPEAKING E. COMPOSITION Page: 34-35		

NOTES



WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
8 /30	36.	Poem: Moon-Wind (Reading and explanation of Poem) A: Comprehension (Q 1 to 3) page:36-37		
	37.	B: Working with words (Q 1 to 5) page: 38-39.		
	38.	C LEARNING ABOUT LANGUAGE: PRONOUNS (Q 1) D: LISTENING AND SPEAKING (Q1to 2) page: 40-41		
	39.	E. COMPOSITION page: 41		
	40.	UNIT4: The Story of an Invitation, Reading and Explanation, Vocabulary Words Pg no 42, 43.		

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WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
9 /30	41	Reading And Explanation , Vocabulary Words Pg no 44,45.		
	42	A: Comprehension (Q 1) page: 46		
	43	A: Comprehension (Q 2 to 3) page:46-47		
	44	B: Working with words page: 47-48		
	45	C: LEARNING ABOUT LANGUAGE: Tenses (Q 1 to 4) Page: 48-49		

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WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
10/30	46	D: LISTENING AND SPEAKING (Q 1 to 3) Page: 50		
	47	E. COMPOSITION page: 50		
	48	The Naming of Cats, Reading and Explanation, Vocabulary Words with meanings.Pg no 51,52.		
	49	A: Comprehension (Q 1) page: 53-54		
	50	A: Comprehension (Q 2 to3) page:54		

NOTES



WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
11/30	51	B: Working with words (Q 1) C: LEARNING ABOUT LANGUAGE: METAPHORS (Q 1 to 3) Page: 53-55		
	52	C: LEARNING ABOUT LANGUAGE: Direct and Indirect objects (Q 1 to 3) Page: 55-56		
	53	D: LISTENING AND SPEAKING Page: 56-57		
	54	E. COMPOSITION page: 57		
	55	UNIT 5: The Carew Murder Case (reading and explanation of lesson) page:58-59		

NOTES



WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
12 /30	56	UNIT 5: The Carew Murder Case (reading and explanation of lesson) page:58-59		
	57	A: Comprehension (Q 1) page: 61		
	58	A: Comprehension (Q 2) page:63		
	59	B: Working with words (Q 1 to 4) page: 62-63		
	60	C: LEARNING ABOUT LANGUAGE: SUFFIXES (Q 1 to 4) Page: 63		

NOTES



WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
13/30	61	D: LISTENING AND SPEAKING & COMPOSITION Page: 64		
	62	Project page: 64		
	63	Poem: The Listeners (Reading and explanation of poem) Comprehension (Q 1) page: 65-67		
	64	Comprehension (Q 1 to 3) page: 65-67		
	65	Comprehension (Q 4) page: 68		

NOTES



WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
14/30	67	B: Working with words (Q 1 to 4) page: 68-70		
	68	C: LEARNING ABOUT LANGUAGE: D: LISTENING AND SPEAKING Page: 70		
	69	E. COMPOSITION page: 71		
	70	UNIT 6: Aamer’s Café (Reading and Explanation of Lesson) page: 72-73		
	71	UNIT 6: Aamer’s Café (Reading and Explanation of Lesson) page: 74-75 A: Comprehension (Q 1) page:75		

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WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
15/30	72	A: Comprehension (Q 2 to3) page:76		
	73	B: Working with words page: 77		
	74	C: LEARNING ABOUT LANGUAGE: Page: 77-79		
	75	D: LISTENING AND SPEAKING Page: 79		
	76	E. COMPOSITION page: 80		

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WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
16/30	77	Poem: London’s Summer Morning (Reading and Explanation) A: Comprehension (Q 1) page: 81-83		
	78	A: Comprehension (Q 2) page:83-84		
	79	B: Working with words (Q 1 to 3) page: 83-85		
	80	C: LEARNING ABOUT LANGUAGE: D: LISTENING AND SPEAKING Page: 85-86		
	81	E. COMPOSITION page: 86		

NOTES



WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
17 /30	82	UNIT 7: The Machine Stops Picture (Reading and Explanation of Lesson) Page:87-88		
	83	UNIT 7: The Machine Stops Picture (Reading and Explanation of Lesson) Page:89-90		
	84	A: Comprehension (Q 1) page: 91		
	85	A: Comprehension (Q 2) page:91-92		
	86	B: Working with words: SIMILES AND CONJUNCTIONS page: 92-93		

NOTES



WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
18/30	87	C: LEARNING ABOUT LANGUAGE Page: 93-94		
	88	D: LISTENING AND SPEAKING & E. COMPOSITION page: 94-95		
	89	UNIT 8: The Story of Keesh (Reading and Explanation of lesson) page:96-98		
	90	UNIT 8: The Story of Keesh (Reading and Explanation of lesson) page:98-100		
	91	A: Comprehension (Q 1) page: 101		

NOTES



WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
19/30	92	A: Comprehension (Q 2) B: Working with words (Q 1) page: 101-102		
	93	C: LEARNING ABOUT LANGUAGE: (Q 1 to 3) Page: 102-103		
	94	D: LISTENING AND SPEAKING E. COMPOSITION Page: 103-104		
	95	Poem: Home and Love (Reading and Explanation of poem) A: Comprehension (Q 1) page: 105-106		
	96	A: Comprehension (Q 2 to 6) page: 106-107		

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WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
20/30	97	B: Working with words (Q 1 to 4) page: 108-109		
	98	C: LEARNING ABOUT LANGUAGE & D: LISTENING AND SPEAKING Page: 109-110		
	99	E. COMPOSITION page: 110		
	100	UNIT 9: The Lumber-Room (Reading and Explanation of lesson) page: 111-113		
	101	UNIT 9: The Lumber-Room (Reading and Explanation of lesson) page: 114-115		

NOTES



WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
21/30	102	A: Comprehension (Q 1) page: 116		
	103	A: Comprehension (Q 1 & 2) page:116		
	104	B: Working with words page: 117-118		
	105	C: LEARNING ABOUT LANGUAGE: Abstract Nouns (Q 1 to 3) Page: 119		
	105	D: LISTENING AND SPEAKING Page: 120		

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WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
22 /30	106	E. COMPOSITION page: 120		
	107	UNIT 10: A Voice in the Dark (Reading and Explanation of Lesson) page: 121-123		
	108	A: Comprehension (Q 1) page: 124		
	109	A: Comprehension (Q 2) & B: Working with words (Q 1 to 2) page:124-125		
	110	C: LEARNING ABOUT LANGUAGE: Abstract Nouns (Q 1 & 2) Page: 126		

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WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
23/30	111.	D: LISTENING AND SPEAKING Page: 126		
	112	E. COMPOSITION page: 126		
	113	Poem: The Lake of Isle of Innisfree (Reading and Explanation of lesson) page: 127-128		
	114	A: Comprehension (Q 1) page: 128		
	115	A: Comprehension (Q 2 to 5) page: 128-129		

NOTES



WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
24/30	116	B: Working with words (Q 1 to 3) page: 129-130		
	117	C: LEARNING ABOUT LANGUAGE: Abstract Nouns (Q 1 to 4) Page: 130-131		
	118	D: LISTENING AND SPEAKING E. COMPOSITION page: 131-132		
	119	UNIT 11: Export Quality (Reading and Explanation of lesson) page:133-134		
	120	UNIT 11: Export Quality (Reading and Explanation of lesson) page:135-136		

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WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
25/30	121	A: Comprehension (Q 1) page: 137		
	122	A: Comprehension (Q 2) B: Working with words (Q 1 to 2) page:137-138		
	123	C: LEARNING ABOUT LANGUAGE: (Q 1 to 3) Page:138-139		
	124	D: LISTENING AND SPEAKING Page: 140		
	125	E. COMPOSITION page: 140		

NOTES



WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
26/30	126	POEM: The Daffodils (Reading and Explanation of poem) page: 141-142		
	127	A: Comprehension (Q 1) page: 142		
	128	A: Comprehension (Q 2 to 5) page:143		
	129	B: Working with words (Q 1 to 5) page: 143-144		
	130	C: LEARNING ABOUT LANGUAGE: Page: 144-146		

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WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
27 /30	131	D: LISTENING AND SPEAKING Page: 146		
	132	E. COMPOSITION page: 146		
	133	UNIT 12: The Hitch- Hiker (Reading and Explanation of lesson) Page: 147-149		
	134	The Hitch- Hiker (Reading and Explanation of lesson) Page: 150-152		
	135	E. COMPOSITION		

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WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
28/30	136	A: Comprehension (Q 1) page: 53-54		
	137	A: Comprehension (Q 1 & 2) page:54		
	138	B: Working with words (Q 1 to 4) page: 157-158		
	139	C: LEARNING ABOUT LANGUAGE: Page: 158-161		
	140	D: LISTENING AND SPEAKING & E. COMPOSITION Page: 161		

NOTES



WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
29/30	141	Poem: The North Ship (Reading and explanation of poem) A: Understanding the poem (Q 1) page: 162-163		
	142	A: Comprehension (Q 2 & 3) page: 163-164		
	143	A: Comprehension (Q 4 to 6) page: 164		
	145	B: Working with words & C: LEARNING ABOUT LANGUAGE: page: 164-166		
	146	D: LISTENING AND SPEAKING & E. COMPOSITION page: 166		

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WEEK	[150]	UNIT & TOPIC CONTENT INCLUDING PAGE NUMBER	SIGN CR/CT	DATE
30/30	147	UNIT 13: Julius Caesar (Reading and Explanation of lesson) page:167-169 A: Comprehension (Q 1) page: 170		
	148	A: Comprehension (Q 1 & 2) page: 170-171		
	149	B: Working with words & C: LEARNING ABOUT LANGUAGE page: 171-172		
	150	D: LISTENING AND SPEAKING Page: 171-172		
	151	Project Page: 172		

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Syllabus Breakdown – English Grade 7

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