

S. Study | 5257

Syllabus outline for grade – VII

ACD[2.5G][DR]

Air Foundation School System
H#110, Street 20, G-10/2, Islamabad

SYLLABUS INFORMATION

Textbook New Oxford Social Studies-2
Revised Edition
Author PETER MOSS
Publisher OXFORD UNIVERSITY PRESS
ISBN 978019547896

Developed by AFSS TEAM
Affiliation employee ✓ outsource
Implementation FRI, 1ST APR 2016

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FIRST TERM Social Studies7 [52 periods]	APRIL 16 teaching periods	Teaching Week 1 1-13 (1/30) 4 periods	Teaching Week 2 2-13 (2/30) 4 periods	Teaching Week 2 3-13 (3/30) 4 periods	Teaching Week 4 4-13 (4/30) 4 periods
	MAY 16 teaching periods	Teaching Week 5 5-13 (5/30) 4 periods	Teaching Week 6 6-13 (6/30) 4 periods	Teaching Week 7 7-13 (7/30) 4 periods	Teaching Week 8 8-13 (8/30) 4 periods
	JUNE	Week 9 Holidays	Week 10 Holidays	Week 11 Holidays	Week 12 Holidays
	JULY	Week 13 Holidays	Week 14 Holidays	Week 15 Holidays	Week 16 Holidays
	AUGUST 16 teaching periods	Teaching Week 17 9-13 (9/30) 4 periods	Teaching Week 18 10-13 (10/30) 4 periods	Teaching Week 19 11-13 (11/30) 4 periods	Teaching Week 20 12-13 (12/30) 4 periods
	SEPTEMBER 4 teaching periods	Teaching Week 21 13-13 (13/30) 4 periods	Week 22 Revision Work	Week 23 Examinations	Week 24 Examinations
SECOND TERM Social Studies7 [68 periods]	OCTOBER 16 teaching periods	Teaching Week 25 1-17 (14/30) 4 periods	Teaching Week 26 2-17 (15/30) 4 periods	Teaching Week 27 3-17 (16/30) 4 periods	Teaching Week 28 4-17 (17/30) 4 periods
	NOVEMBER 16 teaching periods	Teaching Week 29 5-17 (18/30) 4 periods	Teaching Week 30 6-17 (18/30) 4 periods	Teaching Week 31 7-17 (20/30) 4 periods	Teaching Week 32 8-17 (21/30) 4 periods
	DECEMBER 8 teaching periods	Teaching Week 33 9-17 (22/30) 4 periods	Teaching Week 34 10-17 (23/30) 4 periods	Week 35 Holidays	Week 36 Holidays
	JANUARY 16 teaching periods	Teaching Week 37 11-17 (24/30) 4 periods	Teaching Week 38 12-17 (25/30) 4 periods	Teaching Week 39 13-17 (26/30) 4 periods	Teaching Week 40 14-17 (27/30) 4 periods
	FEBRUARY 12 teaching periods	Teaching Week 41 15-17 (28/30) 4 periods	Teaching Week 42 16-17 (29/30) 4 periods	Teaching Week 43 17-17 (30/30) 4 periods	Week 44 Revision Work
	MARCH	Week 45 Revision Work	Week 46 Examinations	Week 47 Examinations	Week 48 Holidays



FIRST TERM | UNITS OR CHAPTER DISTRIBUTION WITHIN 13 WEEKS OF THIS TERM.

APRIL	W1 [1/13 1/30] Chapter # 1 Geography of the Muslim world. (Page # 1-3)	W2 [2/13 2/30] Chapter # 1 Geography of the Muslim world Chapter # 02 climatic Regions of Muslim world (Page # 3-7)	W3 [3/13 3/30] Chapter # 02 climatic Regions of Muslim world (Page # 8-9)	W4 [4/13 4/30] Chapter # 03 Main Agriculture Product of the Muslim (Page # 10-16)
MAY	W5 [5/13 5/30] Chapter # 03 Main Agriculture Product of the Muslim Chapter # 04 Minerals & Natural Resources of Muslim (Pg # 16-24)	W6 [6/13 6/30] Chapter # 04 Minerals & Natural Resources of Muslim Chapter # 05 Industrialization in the Muslim World (Pg # 24-27)	W7 [7/13 7/30] Chapter # 05 Industrialization in the Muslim world (Pg # 28-30)	W8 [8/13 8/30] Chapter # 05 Industrialization in the Muslim World Chapter # 06 Trade and commerce (Pg # 30-33)
JUNE	W9 Holidays	W10 Holidays	W11 Holidays	W12 Holidays
JULY	W13 Holidays	W14 Holidays	W15 Holidays	W16 Holidays
AUGUST	W17 [9/13 9/30] Chapter # 06 Trade & commerce chapter # 07 Transport & communication (Pg # 33-35)	W18 [10/13 10/30] Chapter # 07 Transport & Communication (Pg # 36-39)	W19 [11/13 11/30] Chapter # 07 Transport & communication Chapter # 08 Environment (Pg # 39-43)	W20 [12/13 12/30] Lesson # 08 Environment Lesson # 07 Transport & Communication Lesson # 06 & 05 Revision and Test (Pg # 25-43)
SEPTEMBER	W21 [13/13 13/30] Chapter # 04 Minerals Chapter # 03 Main Agricultures	W22 Revision Work	W23 Examinations	W24 Examinations



	Chapter # 2 Climatic Region of the Muslim World chapter # 01 Geography of Muslim (Pg # 1-24)			
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SECOND TERM | UNITS OR CHAPTER DISTRIBUTION WITHIN 17 WEEKS OF THIS TERM.

OCTOBER	W25 [1/17 14/30] Chapter # 09 The Population of Muslim (Pg # 44-45)	W26 [2/17 15/30] Chapter # 09 The Population of Muslim Chapter # 10 The Early Muslims (Pg # 45-49)	W27 [3/17 16/30] Chapter # 10 The early Muslims (Pg # 50-51)	W28 [4/17 17/30] Chapter # 11 Islam in south East Asia (Pg # 52-54)
NOVEMBER	W29 [5/17 18/30] Chapter # 12 Muslim Scientists Philosophers & Travellers. (Pg # 55-59)	W30 [6/17 19/30] Chapter # 12 Muslim Scientists Philosophes & Travellers Chapter#13 The Decline and the reawakening of the Muslims (Pg #59-64	W31 [7/17 20/30] Chapter # 13 The decline and the Reawakening of the Muslims chapter # 14 National Unity and Freedom movements (Pg # 64-69)	W32 [8/17 21/30] Chapter # 14 National unity and freedom chapter # 15 The struggle for freedom (Pg # 65-74)
DECEMBER	W33 [9/17 22/30] Chapter#15 The struggle for freedom. Chapter#16 The road to independence. Page#74-78	W34 [10/17 23/30] Chapter#16 The road to independence. Chapter#17 Leading the freedom Movement. page 78-83	W35 Holidays	W36 Holidays
JANUARY	W37 [11/17 24/30] Chapter#17 Leading the	W38 [12/17 25/30]	W39 [13/17 26/30] Chapter#19 Pakistan-1947-71 and beyond. Page#94-99	W40 [14/17 27/30] Chapter#20 Human Rights . page#99-107



	Freedom movement .page#84-85	Chapter#18 The last steps to Independence . page 89-93		
FEBRUARY	W41 [15/17 28/30] Chapter#17 to Chapter#20 Revision and Test Page#79-107	W42 [16/17 29/30] Chapter#13 to Chapter#16 Revision and test. Page#60-78	W43 [17/17 30/30] Chapter#9-chapter#12 Revision and Test. Page#44-59	W44 Revision Work
MARCH	W45 Revision Work	W46 Examinations	W47 Examinations	W48 Holidays



PERIOD ALLOCATION TABLE

PUNJAB, KPK AND BALUCHISTAN REGIONS

SUBJECT	PERIODS PER WEEK	PERIODS PER ANNUM	DURATION
English I to VIII	5	150	40 min
Mathematics I to VIII			
Urdu I to VIII			
Science I to VIII			
Social Studies I to VIII	4	120	
Computers I to VIII	3	90	
Islamiyat I to VIII			
Art & Activity I to VIII			

SINDH REGION

SUBJECT	PERIODS PER WEEK	PERIODS PER ANNUM	DURATION
English I to VIII	5	150	40 min
Mathematics I to VIII			
Urdu I to VIII			
Science I to VIII			
Social Studies I to VIII	4	120	
Computers I to VIII	3	90	
Islamiyat I to VIII			
Sindhi + Art & Activity I to VIII	2+1	60+30	



PLANNING WEEK

1 /13 1 /30

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

SUBJECT CODE
5257

Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
April	Week 1	[120]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS
4 th April 2016	7 April 2016	1.	Chapter # 01 Geography of the Muslim world	Pg # 1-2	Reading and explanation of the lesson (Pg # 1-2)	
		2.	Chapter # 01 Geography of the Muslim world	Pg # 2	Understanding of political and physical features maps of muslim world (Pg # 2)	
		3.	Chapter # 01 Geography of the Muslim world	Pg # 3	Understanding and solution of Questions and activites (Pg # 3)	
		4.	Chapter # 01 Geography of the Muslim world	Pg # 3	Understanding and solution of Questions and activites (Pg # 3)	

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PLANNING WEEK

2 /13 2 /30

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Social Studies Class-VII 40 min 4 periods p/w 120 p/a		TERM INFORMATION		I Apr-Sep 13 weeks 1 to 13 52 periods
				II Oct-Mar 17 weeks 14 to 30 68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE	
April	Week 2	[120]	TOPIC CONTENT & PAGE NUMBER	
			WORKBOOK OR ACTIVITY CONTENTS	
11 th April 2016	15 th April 2016	5.	Chapter # 01 Geography of the Muslim world Pg # 3	Test of Questions and activities. (Pg # 3)
		6.	Chapter # 2 Climatic regions of the Muslim World Pg # 4	Reading and explanation of the lesson (Pg # 4)
		7.	Chapter # 2 Climatic regions of the Muslim World Pg # 5	Reading and explanation of the lesson (Pg # 5)
		8.	Chapter # 2 Climatic regions of the Muslim World Pg # 6-7	Reading and explanation of the lesson (Pg # 6-7)

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PLANNING WEEK

3 /13 3 /30

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Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
April	Week 3	[120]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS
18 th April 2016	22 nd April 2016	9.	Chapter # 2 Climatic regions of the Muslim World	Pg # 8-9	Reading and explanation of the lesson (Pg # 8-9)	
		10.	Chapter # 2 Climatic regions of the Muslim World	Pg # 9	Understanding and solution of Questions and Activities (Pg # 9)	
		11.	Chapter # 2 Climatic regions of the Muslim World	Pg # 9	Understanding and solution of Questions and Activities (Pg # 9)	
		12.	Chapter # 2 Climatic regions of the Muslim World	Pg # 9	Test of Questions/activities. (pg#9)	

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PLANNING WEEK

4 /13 4 /30

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Social Studies Class-VII 40 min 4 periods p/w 120 p/a		TERM INFORMATION		I Apr-Sep 13 weeks 1 to 13 52 periods	II Oct-Mar 17 weeks 14 to 30 68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE		
April	Week 4	[120]	TOPIC CONTENT & PAGE NUMBER		WORKBOOK OR ACTIVITY CONTENTS
25 th April 2016	29 th April 2016	13.	Chapter # 3 Main agriculture products of the Muslim world	Pg # 10-11	Reading and explanation of the lesson (Pg # 10-11)
		14.	Chapter # 3 Main agriculture products of the Muslim world	Pg # 12-13	Reading and explanation of the lesson (Pg # 12-13)
		15.	Chapter # 3 Main agriculture products of the Muslim world	Pg # 14-16	Reading and explanation of the lesson (Pg #14-16)
		16.	Chapter # 3 Main agriculture products of the Muslim world	Pg # 16	Understanding and solution of exercise (Pg # 16)

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PLANNING WEEK

5 /13 5 /30

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Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
May	Week 5	[120]	TOPIC CONTENT & PAGE NUMBER		WORKBOOK OR ACTIVITY CONTENTS	
2 nd May 2016	6 th May 2016	17.	Chapter # 3 Main agriculture products of the Muslim world		Pg # 16	Understanding and solution of exercise (Pg # 16)
		18.	Chapter # 4 Minerals and natural resources of the Muslim world		Pg # 17-18	Reading and explanation of the lesson (Pg # 17-18)
		19.	Chapter # 4 Minerals and natural resources of the Muslim world		Pg # 19-21	Reading and explanation of the lesson (Pg # 19-21)
		20.	Chapter # 4 Minerals and natural resources of the Muslim world		Pg # 22-24	Reading and explanation of the lesson (Pg # 22-24)

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PLANNING WEEK

6 /13 6 /30

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Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
May	Week 6	[120]	TOPIC CONTENT & PAGE NUMBER		WORKBOOK OR ACTIVITY CONTENTS	
9 th May 2016	13 th May 2016	21.	Chapter # 4 Minerals and natural resources of the Muslim world		Pg #24	Test of exercise (Pg # 24)
		22.	Chapter # 4 Minerals and natural resources of the Muslim world		Pg # 24	Test of exercise (Pg # 24)
		23.	Chapter # 5 Industrialization in the Muslim world		Pg # 25	Reading and explanation of the lesson (Pg # 25)
		24.	Chapter # 5 Industrialization in the Muslim world		Pg # 26-27	Reading and explanation of the lesson (Pg # 26-27)

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PLANNING WEEK

7 /13 7 /30

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Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
May	Week 7	[120]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS
16 th May 2016	20 th May 2016	25.	Chapter # 5 Industrialization in the Muslim world		Pg # 28-30	Reading and explanation of the lesson (Pg # 28-30)
		26.	Chapter # 5 Industrialization in the Muslim world		Pg # 30	Understanding and solution of Questions and activities (Pg # 30)
		27.	Chapter # 5 Industrialization in the Muslim world		Pg # 30	Understanding and solution of Questions and activities (Pg # 30)
		28.	Chapter # 5 Industrialization in the Muslim world		Pg # 30	Test of Question and activities (Pg # 30)

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PLANNING WEEK

8 /13 8 /30

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Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
May	Week 8	[120]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS
23 rd May 2016	27 th May 2016	29.	Chapter # 5 Industrialization in the Muslim world		Pg # 30	Test of Question and activities (Pg # 30)
		30.	Chapter # 6 Trade and Commerce		Pg # 31	Reading and explanation of the lesson (Pg # 31)
		31.	Chapter # 6 Trade and Commerce		Pg # 31	Revision of the lesson (Pg # 31)
		32.	Chapter # 6 Trade and Commerce		Pg # 32-33	Reading and explanation of the lesson (Pg # 32-33)

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PLANNING WEEK

9 /13 9 /30

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Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
August	Week 9	[120]	TOPIC CONTENT & PAGE NUMBER		WORKBOOK OR ACTIVITY CONTENTS	
30 th May 2016	3 rd June 2016	33.	Chapter # 6 Trade and Commerce		Pg # 33	Understanding and solution of Q/A's (Pg # 33)
		34.	Chapter # 6 Trade and Commerce		Pg # 33	Understanding and solution of Q/A's (Pg # 33)
		35.	Chapter # 6 Trade and Commerce		Pg # 33	Test of Exercise (Pg # 33)
		36.	Chapter # 7 Transport and communication		Pg # 34-35	Reading and explanation of the lesson through Graphs (Pg # 34-35)

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PLANNING WEEK

10/13 10/30

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Social Studies	Class-VII 40 min	TERM INFORMATION	I	Apr-Sep	13 weeks	1 to 13	52 periods
4 periods p/w 120 p/a			II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE				
August	Week 10	[120]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS	
15 th Aug 2016 to 20 th Aug 2016	37.	Chapter # 7 Transport and communication	Pg # 36-38		Reading and explanation of the lesson through Graphs (Pg # 36-38)		
	38.	13 th Feb 2016			Understanding and solution of Questions / Activities (Pg # 39)		
	39.	Chapter # 7 Transport and communication	Pg # 39		Understanding and solution of Question / Activities (Pg # 39)		
	40.	Chapter # 7 Transport and communication	Pg # 39		Test of Questions / Activates (Pg # 39)		



PLANNING WEEK

11/13 11/30

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Social Studies	Class-VII 40 min	TERM INFORMATION				
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	52 periods
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
August	Week 11	[120]	TOPIC CONTENT & PAGE NUMBER		WORKBOOK OR ACTIVITY CONTENTS	
22 nd Aug 2016	26 nd Aug 2016	41.	Chapter # 7 Transport and communication	Pg # 40-41	Reading and explanation of the lesson (Pg # 40-41)	
		42.	Chapter # 8 environment	Pg # 42-43	Reading and explanation of the lesson (Pg # 42-43)	
		43.	Chapter # 8 environment	Pg # 43	Understanding and solution of questions / Activities (Pg # 43)	
		44.	Chapter # 8 environment	Pg # 43	Understanding and solution of exercise (Pg # 43)	

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PLANNING WEEK

12/13 12/30

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Social Studies Class-VII 40 min 4 periods p/w 120 p/a		TERM INFORMATION		I Apr-Sep 13 weeks 1 to 13 52 periods	
				II Oct-Mar 17 weeks 14 to 30 68 periods	
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE		
August	Week 12	[120]	TOPIC CONTENT & PAGE NUMBER		
29 th Aug 2016	2 nd sep 2016	45.	Chapter # 8 environment	Pg # 43	Test of Questions / Activities (Pg # 43)
		46.	Lesson # 7 Transport and communication	Pg # 34-39	Test of Questions / Activities (Pg # 34-39)
		47.	Lesson # 6 Trade and commerce	Pg # 31-33	Test of Questions / Activities (Pg # 31-33)
		48.	Chapter # 5 Industrialization in the Muslim	Pg # 25-30	Test of Questions / Activities (Pg #25-30)

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PLANNING WEEK

13/13 13/30

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Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
September	Week 13	[120]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS
5 th sep2016	9 th sep 2016	49.	Chapter # 4 Minerals land natural resources of Muslim	Pg # 17-24	Test of Questions / Activities (Pg # 17-24)	
		50.	Chapter # 3 Main agricultural products of the Muslim world	Pg # 10-16	Test of Questions / Activities (Pg # 10-16)	
		51.	Chapter # 2 Climatic regions of the Muslim world	Pg # 4-9	Test of Questions / Activities (Pg # 4-9)	
		52.	Chapter # 1 Geography of Muslim world	Pg # 1-3	Test of Questions / Activities (Pg # 1-3)	

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PLANNING WEEK

1 /17 14/30

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Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
October	Week 1	[120]	TOPIC CONTENT & PAGE NUMBER		WORKBOOK OR ACTIVITY CONTENTS	
17 oct 2016	21 Oct 2016	53.	Chapter # 9 the population of the Muslim world	Pg # 44	Reading and explanation of the lesson (Pg # 44)	
		54.	Chapter # 9 the population of the Muslim world	Pg # 45	Reading and explanation of the lesson (Pg # 45)	
		55.	Chapter # 9 the population of the Muslim world	Pg # 45	Understanding and solution of questions / Activities (Pg # 45)	
		56.	Chapter # 9 the population of the Muslim world	Pg # 45	Understanding and solution of Questions/activities. (Pg # 45)	

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PLANNING WEEK

2 /17 15/30

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Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
October	Week 2	[120]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS
24 th Oct 2016	28 th Oct 2016	57.	Chapter # 9 the population of the Muslim world	Pg # 45	Test of exercise (Pg # 45)	
		58.	Chapter # 10 The early Muslims	Pg # 47	Reading and explanation of the lesson (Pg # 47)	
		59.	Chapter # 10 The early Muslims	Pg # 48	Reading and explanation of the lesson (Pg # 48)	
		60.	Chapter # 10 The early Muslims	Pg # 49	Reading and explanation of the lesson (Pg # 49)	

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PLANNING WEEK

3 /17 16/30

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Social Studies Class-VII 40 min 4 periods p/w 120 p/a		TERM INFORMATION		I Apr-Sep 13 weeks 1 to 13 52 periods	
				II Oct-Mar 17 weeks 14 to 30 68 periods	
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE		
October	Week 3	[120]	TOPIC CONTENT & PAGE NUMBER		
31 Oct 2016	4 th Nov 2016	61.	Chapter # 10 The early Muslims	Pg # 50-51	Reading and explanation of the lesson (Pg # 50-51)
		62.	Chapter # 10 The early Muslims	Pg # 51	Understanding and writing of Q/A's (Pg # 51)
		63.	Chapter # 10 The early Muslims	Pg # 51	Understanding and writing of Q/A's (Pg # 51)
		64.	Chapter # 10 The early Muslims	Pg # 51	Test of Q/A's (Pg # 51)

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PLANNING WEEK

4 /17 17/30

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Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
October	Week 4	[120]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS
7 th Nov 2016	12 th Nov 2016	65.	Chapter # 11 Islam in south East – Asia	Pg # 52	Reading and explanation of the lesson (Pg # 52)	
		66.	Chapter # 11 Islam in south East – Asia	Pg # 53-54	Reading and explanation of the lesson (Pg # 53-54)	
		67.	Chapter # 11 Islam in south East – Asia	Pg # 54	Understanding and solution of Q/A's (Pg # 54)	
		68.	Chapter # 11 Islam in south East – Asia	Pg # 54	Test of exercise (Pg # 54)	

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PLANNING WEEK

5 /17 18/30

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Social Studies Class-VII 40 min 4 periods p/w 120 p/a		TERM INFORMATION		I Apr-Sep 13 weeks 1 to 13 52 periods
				II Oct-Mar 17 weeks 14 to 30 68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE	
November	Week 5	[120]	TOPIC CONTENT & PAGE NUMBER	
			WORKBOOK OR ACTIVITY CONTENTS	
14 th Nov 2016	18 th Nov 2016	69.	Chapter # 12 Muslim scientists Philosophes and travels	Pg # 55-56 Reading and explanation of the lesson (Pg # 55-56)
		70.	Chapter # 12 Muslim scientists Philosophes and travels	Pg # 57-59 Reading and explanation of the lesson (Pg # 57-59)
		71.	Chapter # 12 Muslim scientists Philosophes and travels	Pg # 59 Understanding and solution of Questions and Activities (Pg # 59)
		72.	Chapter # 12 Muslim scientists Philosophes and travels	Pg # 59 Understanding and writing of Q/A's (Pg # 59)

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PLANNING WEEK

6 /17 19/30

SUBJECT CODE
5257

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

Social Studies		Class-VII 40 min		TERM INFORMATION			PERIODS	
				I	Apr-Sep	13 weeks	1 to 13	52 periods
				II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE					
			TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS		
November	Week 6	[120]						
21 th Nov 2016	25 th Nov 2016	73.	Chapter # 2 Climatic regions of the Muslim world	Pg # 59	Test of Q/A's (Pg # 59)			
		74.	Chapter # 13 The Decline and the Reawakening of the Muslim	Pg # 60-62	Reading and explanation of the lesson (Pg # 60-62)			
		75.	Chapter # 13 The Decline and the Reawakening of the Muslim	Pg # 63-64	Reading and explanation of the lesson (Pg # 63)			
		76.	Chapter # 13 The Decline and the Reawakening of the Muslim	Pg # 64	Understanding and solution of Question / Activities (Pg # 64)			

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PLANNING WEEK

7 /17 20/30

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

SUBJECT CODE
5257

Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
November	Week 7	[120]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS
28 th Nov 2016	2 nd Dec 2016	77.	Chapter # 13 The Decline and the Reawakening of the Muslim	Pg # 64	Understanding and solution of Question / Activities (Pg # 64)	
		78.	Lesson # 14 National Unity and freedom movements	Pg # 65-66	Reading and explanation of the lesson (Pg # 65-66)	
		79.	Lesson # 14 National Unity and freedom movements	Pg # 67-69	Reading and explanation of the lesson (Pg # 67-69)	
		80.	Lesson # 14 National Unity and freedom movements	Pg # 69	Understanding and solution of Question / Activities (Pg # 69)	

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PLANNING WEEK

8 /17 21/30

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

SUBJECT CODE
5257

Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
November	Week 8	[120]	TOPIC CONTENT & PAGE NUMBER		WORKBOOK OR ACTIVITY CONTENTS	
5 th Dec 2016	9 th Dec 2016	81.	Chapter # 14 National Unity and freedom movements	Pg # 69	Understanding and solution of Questions / Activities. Pg#69	
		82.	Chapter # 15 The struggle for freedom	Pg # 70-71	Reading and explanation of the lesson (Pg # 70-71)	
		83.	Chapter # 15 The struggle for Freedom	Pg # 72-74	Reading and explanation of the lesson (Pg # 72-74)	
		84.	Chapter # 15 The struggle for freedom	Pg # 74	Understanding and solution of Questions / Activities from Q: 1 to 3 (Pg # 74)	

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PLANNING WEEK

9 /17 22/30

SUBJECT CODE
5257

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

Social Studies Class-VII 40 min 4 periods p/w 120 p/a		TERM INFORMATION		I Apr-Sep 13 weeks 1 to 13 52 periods
				II Oct-Mar 17 weeks 14 to 30 68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE	
December	Week 9	[120]	TOPIC CONTENT & PAGE NUMBER	WORKBOOK OR ACTIVITY CONTENTS
12 th Dec 2016	16 th Dec 2016	85.	Chapter # 15 The struggle for freedom Pg # 74	Understanding and solution of Questions / Activities from Q: 4 to 5 (Pg # 74)
		86.	Chapter # 15 The struggle for Freedom Pg # 74	Test of Q/A's (Pg # 74)
		87.	Chapter # 16 The road to independence Pg # 75-76	Reading and explanation of the lesson (Pg # 75-76)
		88.	Chapter # 16 The road to independence Pg # 77-78	Reading and explanation of the lesson (Pg # 77-78)

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PLANNING WEEK

10/17 23/30

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

SUBJECT CODE
5257

Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
December	Week 10	[120]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS
19 th Dec 2016	23 th Dec 2016	89.	Chapter # 16 The road to independence	Pg # 78	Understanding and solution of Q/A's (Pg # 78)	
		90.	Chapter # 17 Leading the Freedom Movement	Pg # 78	Understanding and solution of Q/A's (Pg 78 #)	
		91.	Chapter # 17 Leading the Freedom Movement	Pg # 79-80	Reading and explanation of the lesson (Pg # 79-80)	
		92.	Chapter # 17 Leading the Freedom Movement	Pg # 81-83	Reading and explanation of the lesson (Pg # 81-83)	

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PLANNING WEEK

11/17 24/30

SUBJECT CODE
5257

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
January	Week 11	[120]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS
2 nd jan 2017	6 th jan 2017	93.	Chapter # 17 Leading the Freedom Movement	Pg # 84-85	Reading and explanation of the lesson (Pg # 84-85)	
		94.	Chapter # 17 Leading the Freedom Movement	Pg # 85	Understanding and solution of Q/A's (Pg # 85)	
		95.	Chapter # 17 Leading the Freedom Movement	Pg # 85	Understanding and solution of Q/A's (Pg # 85)	
		96.	Chapter # 17 Leading the Freedom Movement	Pg # 85	Test of Q/A's (Pg # 85)	

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PLANNING WEEK

12/17 25/30

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

SUBJECT CODE
5257

Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
January	Week 12	[120]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS
9 th Jan 2017	13 th Jan 2017	97.	Chapter # 18 The Last Steps to Independence	Pg # 86-88	Reading and explanation of the lesson (Pg # 86-88)	
		98.	Chapter # 18 The Last Steps to Independence	Pg # 89-93	Reading and explanation of the lesson (Pg # 89-93)	
		99.	Chapter # 18 The Last Steps to Independence	Pg # 93	Understanding and solution of Q/A's (Pg # 93)	
		100.	Chapter # 18 The Last Steps to Independence	Pg # 93	Understanding and solution of Q/A's (Pg # 93)	

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PLANNING WEEK

13/17 26/30

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

SUBJECT CODE
5257

Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
January	Week 13	[120]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS
16 th Jan 2017	20 th Jan 2017	101.	Chapter # 19 Pakistan 1947-71 and beyond	Pg # 94-96	Reading and explanation of the lesson (Pg # 94-96)	
		102.	Chapter # 19 Pakistan 1947-71 and beyond	Pg # 97-99	Reading and explanation of the lesson (Pg # 97-99)	
		103.	Chapter # 19 Pakistan 1947-71 and beyond	Pg # 99	Understanding and writing of Q/A's (Pg # 99)	
		104.	Chapter # 19 Pakistan 1947-71 and beyond	Pg # 99	Understanding and writing of Q/A's (Pg # 99)	

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PLANNING WEEK

14/17 27/30

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

SUBJECT CODE
5257

Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
January	Week 14	[120]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS
23 rd Jan 2017	27 th Jan 2017	105.	Chapter # 20 Human rights	Pg # 100-104	Reading and explanation of the lesson (Pg # 100-104)	
		106.	Chapter # 20 Human rights	Pg # 105-107	Reading and explanation of the lesson (Pg # 105-107)	
		107.	Chapter # 20 Human rights	Pg # 107	Understanding and solution of Q/A's (Pg # 107)	
		108.	Chapter # 20 Human rights	Pg # 107	Understanding and solution of Q/A's (Pg # 107)	

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PLANNING WEEK

15/17 28/30

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

SUBJECT CODE
5257

Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
February	Week 15	[120]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS
30 th Jan 2017	3 rd Feb 2017	109.	Chapter # 20 Human rights		Pg # 107	Revision and Test of Q/A's (Pg # 107)
		110.	Chapter # 19 Pakistan 1947-71 and beyond		Pg # 94-99	Revision and Test of Q/A's (Pg # 94-99)
		111.	Chapter # 18 The Last Steps to Independence		Pg # 86-93	Revision and Test of Q/A's (Pg # 86-93)
		112.	Lesson # 17 Leading the freedom movement.		Pg # 79-85	Revision and Test of Q/A's (Pg # 79-85)

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PLANNING WEEK

16/17 29/30

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

SUBJECT CODE
5257

Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
February	Week 16	[120]	TOPIC CONTENT & PAGE NUMBER		WORKBOOK OR ACTIVITY CONTENTS	
6 th Feb 2017	10 th Feb 2017	113.	Lesson # 16 The Road of Independence		Revision and Test of Questions and activities. (Pg # 75-78)	
		114.	Lesson # 15 The struggle for freedom.	Pg # 70-74	Revision and Test of Questions and activities. (Pg # 70-74)	
		115.	Lesson # 14 National Unity and freedom movements	Pg # 65-69	Revision and Test of Questions and activities. (Pg # 65-69)	
		116.	Lesson # 13 The decline and the Reawakening of the Muslim	Pg # 60-64	Revision and Test of Questions and activities. (Pg # 60-64)	

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PLANNING WEEK

17/17 30/30

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SUBJECT CODE
5257

Social Studies	Class-VII 40 min	TERM INFORMATION				52 periods
4 periods p/w 120 p/a		I	Apr-Sep	13 weeks	1 to 13	
		II	Oct-Mar	17 weeks	14 to 30	68 periods
MONTH	WEEK	PN	INSERT UNIT OR CHAPTER NUMBER & TITLE			
February	Week 17	[120]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS
13 th Feb 2017	17 th Feb 2017	117.	Lesson # 12 Muslim scientists Philosophers and travellers	Pg # 55-59	Revision and Test of Questions and activities. (Pg # 55-59)	
		118.	Lesson # 11 Islam in South-east Asia	Pg # 52-54	Revision and Test of Questions and activities. (Pg # 52-54)	
		119.	Lesson # 10 The early Muslims	Pg # 47-51	Revision and Test of Questions and activities. (Pg # 47-51)	
		120.	Lesson # 9 The population of The Muslim world	Pg # 44-46	Revision and Test of Questions and activities. (Pg # 44-46)	

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