

Science | 5243

Syllabus outline for grade – III

ACD[2.4C][DR]

Air Foundation School System
92, Street 6, G-8/2, Islamabad

SYLLABUS INFORMATION

Textbook SCIENCE
Author Air Foundation Academia
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FIRST TERM Science 3 [65 periods]	APRIL 20 teaching periods	Teaching Week 1 1-13 (1/30) 5 periods	Teaching Week 2 2-13 (2/30) 5 periods	Teaching Week 2 3-13 (3/30) 5 periods	Teaching Week 4 4-13 (4/30) 5 periods
	MAY 20 teaching periods	Teaching Week 5 5-13 (5/30) 5 periods	Teaching Week 6 6-13 (6/30) 5 periods	Teaching Week 7 7-13 (7/30) 5 periods	Teaching Week 8 8-13 (8/30) 5 periods
	JUNE	Week 9 Holidays	Week 10 Holidays	Week 11 Holidays	Week 12 Holidays
	JULY	Week 13 Holidays	Week 14 Holidays	Week 15 Holidays	Week 16 Holidays
	AUGUST 20 teaching periods	Teaching Week 17 9-13 (9/30) 5 periods	Teaching Week 18 10-13 (10/30) 5 periods	Teaching Week 19 11-13 (11/30) 5 periods	Teaching Week 20 12-13 (12/30) 5 periods
	SEPTEMBER 5 teaching periods	Teaching Week 21 13-13 (13/30) 5 periods	Week 22 Revision Work	Week 23 Examinations	Week 24 Examinations
SECOND TERM Science 3 [85 periods]	OCTOBER 20 teaching periods	Teaching Week 25 1-17 (14/30) 5 periods	Teaching Week 26 2-17 (15/30) 5 periods	Teaching Week 27 3-17 (16/30) 5 periods	Teaching Week 28 4-17 (17/30) 5 periods
	NOVEMBER 20 teaching periods	Teaching Week 29 5-17 (18/30) 5 periods	Teaching Week 30 6-17 (18/30) 5 periods	Teaching Week 31 7-17 (20/30) 5 periods	Teaching Week 32 8-17 (21/30) 5 periods
	DECEMBER 10 teaching periods	Teaching Week 33 9-17 (22/30) 5 periods	Teaching Week 34 10-17 (23/30) 5 periods	Week 35 Holidays	Week 36 Holidays
	JANUARY 20 teaching periods	Teaching Week 37 11-17 (24/30) 5 periods	Teaching Week 38 12-17 (25/30) 5 periods	Teaching Week 39 13-17 (26/30) 5 periods	Teaching Week 40 14-17 (27/30) 5 periods
	FEBRUARY 15 teaching periods	Teaching Week 41 15-17 (28/30) 5 periods	Teaching Week 42 16-17 (29/30) 5 periods	Teaching Week 43 17-17 (30/30) 5 periods	Week 44 Revision Work
	MARCH	Week 45 Revision Work	Week 46 Examinations	Week 47 Examinations	Week 48 Holidays



FIRST TERM | UNITS OR CHAPTER DISTRIBUTION WITHIN 13 WEEKS OF THIS TERM.

APRIL	W1 [1/13 1/30] Unit # 1: Ourselves Human Body Page No. 1-5 Activity 01 Page No.13	W2 [2/13 2/30] Unit # 1: Ourselves Health & Diet / Teeth & Feeding Page No. 6-11 Activity 01 Page No.14	W3 [3/13 3/30] Unit # 1: Ourselves Good Health Page No. 11-12 Exercise Page No.13-15	W4 [4/13 4/30] Unit # 1: Ourselves Reinforcement & Test
MAY	W5 [5/13 5/30] Unit # 2: World around us Habitat Page No. 18-23	W6 [6/13 6/30] Unit # 3: Anima World Food & Feeding Page No. 25-27 Activity 01 Page No.35	W7 [7/13 7/30] Unit # 3: Animal World Life Process of animals Page No. 27-29 Life Cycles Page No.29-31	W8 [8/13 8/30] Unit # 3: Animal world Life Cycles Diagram Page No. 29-31
JUNE	W9 Holidays	W10 Holidays	W11 Holidays	W12 Holidays
JULY	W13 Holidays	W14 Holidays	W15 Holidays	W16 Holidays
AUGUST	W17 [9/13 9/30] Unit # 3: Animal World Importance of sanctuaries, safaris, zoo Page No. 31-35	W18 [10/13 10/30] Unit # 3: Animal World Work Book Page No. 36-38	W19 [11/13 11/30] Unit # 3: Animal World Revision Test Page No.25-38	W20 [12/13 12/30] Unit # 1: Ourselves Revision Test Page No. 1-16
SEPTEMBER	W21 [13/13 13/30] Unit # 2: World around us Revision Test Page No. 17-23	W22 Revision Work	W23 Examinations	W24 Examinations



SECOND TERM | UNITS OR CHAPTER DISTRIBUTION WITHIN 17 WEEKS OF THIS TERM.

OCTOBER	W25 [1/17 14/30] Unit # 4: Plant World Parts of plants & its functions Page No. 39-42	W26 [2/17 15/30] Unit # 4: Plant World Benefits of Plants Page No. 43-46	W27 [3/17 16/30] Unit # 4: Plant World Activity 1,2,3 Page No. 46-49 Test Page No.45-49	W28 [4/17 17/30] Unit # 5: Material around us All sorts of matter/ Properties of matter Page No.51-53 Activity 01 Page No. 63
NOVEMBER	W29 [5/17 18/30] Unit # 5: Material around us Uses of matter/ Types of rocks/ Selecting materials Page No. 54-58 Activity 01 Page No. 63	W30 [6/17 19/30] Unit # 5: Material around us State of matter & its properties Page No. 58 -60 Activity 01 Page No. 63	W31 [7/17 20/30] Unit # 5: Material around us Water Cycle Activity 01 Page No. 60-64	W32 [8/17 21/30] Unit # 5: Material around us Activities Test Page No. 63-67
DECEMBER	W33 [9/17 22/30] Unit # 6: Forces, Light, Sound & Electricity Forces & Motion Page No. 70-73 Activity 04 Page No. 82	W34 [10/17 23/30] Unit # 6: Forces, Light, Sound & Electricity Light, Shadow & Colour Page No. 74-76 Activity 04 Page No. 82	W35 Holidays	W36 Holidays
JANUARY	W37 [11/17 24/30] Unit # 6: Forces, Light, Sound & Electricity Sources and Uses of Heat, Sound & Electricity Page No. 77-80 Activity 04 Page No. 82-83	W38 [12/17 25/30] Unit # 6: Forces, Light, Sound & Electricity Test Page No. 79-83 Activities Page No. 80-85	W39 [13/17 26/30] Unit # 6: Forces, Light, Sound & Electricity Practical, Let's do it Test Page No. 84-88	W40 [14/17 27/30] Unit # 7: Earth & Beyond The changing moon Page No. 90-95 Activity 01 Page No. 96



FEBRUARY	W41 [15/17 28/30] Unit # 7: Earth & Beyond Activities Page No. 95-100 Test & Revision	W42 [16/17 29/30] Unit# 7: Earth & Beyond Test & Revision Page No. 96-100 Unit # 6: Forces, Light, Sound & Electricity Test & Revision Page No. 79-88	W43 [17/17 30/30] Unit # 5: Material around us Test Page No. 70-88 Unit # 4: Plant World Test Page No. 40-49	W44 Revision Work
MARCH	W45 Revision Work	W46 Examinations	W47 Examinations	W48 Holidays



PERIOD ALLOCATION TABLE

PUNJAB, KPK AND BALUCHISTAN REGIONS

SUBJECT	PERIODS PER WEEK	PERIODS PER ANNUM	DURATION
English I to VIII	5	150	40 min
Mathematics I to VIII			
Urdu I to VIII			
Science I to VIII			
Social Studies I to VIII	4	120	
Computers I to VIII	3	90	
Islamiyat I to VIII			
Art & Activity I to VIII			

SINDH REGION

SUBJECT	PERIODS PER WEEK	PERIODS PER ANNUM	DURATION
English I to VIII	5	150	40 min
Mathematics I to VIII			
Urdu I to VIII			
Science I to VIII			
Social Studies I to VIII	4	120	
Computers I to VIII	3	90	
Islamiyat I to VIII			
Sindhi + Art & Activity I to VIII	2+1	60+30	



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1 /13 1 /30

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THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

Science		Class-III 40 min		TERM INFORMATION		I Apr-Sep 13 weeks 1 to 13 65 periods		II Oct-Mar 17 weeks 14 to 30 85 periods	
5 periods p/w 150 p/a									
MONTH	WEEK	PN	UNIT 1: OURSELVES						
			TOPIC CONTENT & PAGE NUMBER				WORKBOOK OR ACTIVITY CONTENTS		
April	Week 1	[150]							
30-Mar-15	03-Apr-15	1.	1.1: Human Body, Skeleton & Function of Skeleton	Page No 2		Reading & Explanation of Human Body on Page No.2, Writing of Question No 1 Page No. 13			
		2.	Muscles	Page No. 3-4		Reading & Explanation of muscles & function of muscles Page No. 3-4, Writing of Question No 2 & 4 Page No. 13			
		3.	Sense Organs and their function	Page No 5-6		Reading & Explanation of sense organs and their functions on Page No.5, Writing of Question No. 2 & 4 Page No. 13			
		4.	Role of brain in the use of senses	Page No. 5-6		Reading & Explanation of Role of Brain in the use of senses on Page No. 5-6, Test of Question No 1,2,3,4 Page No. 13			
		5.	Muscles	Page No. 4		Draw & label the Smooth muscles, Cardiac muscles and skeletal muscles on page No.4			



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2 /13 2 /30

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Science		Class-III 40 min		TERM INFORMATION		I Apr-Sep 13 weeks 1 to 13 65 periods	
5 periods p/w 150 p/a				II Oct-Mar 17 weeks 14 to 30 85 periods			
MONTH	WEEK	PN	UNIT 1: OURSELVES				
April		Week2	[150]		TOPIC CONTENT & PAGE NUMBER		WORKBOOK OR ACTIVITY CONTENTS
06-Apr-15	10-Apr-15	6.	1.2: Health And Diet		Page No. 6 -7		Reading & Explanation of Page No 6-7
		7.	Importance of food groups		Page No. 8		Reading & Explanation of Importance of Food groups on page No. 8, Writing of Question No.8 on Page No.14
		8.	Importance of food groups		Page No. 9		Reading & Explanation of Importance of Food groups on page No. 9
		9.	1.3: Teeth & Feeding		Page No. 9-10		Reading & Explanation of different types of teeth in a human body on page No. 9-10, Draw & label the human denture Page No.10
		10.	Two sets of teeth in human life		Page No. 11		Reading & Explanation of Two sets of teeth in a human life on page No. 11, Writing of Question No.5 & 6 on Page No.14

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Science	Class-III 40 min	TERM INFORMATION	I	Apr-Sep	13 weeks	1 to 13	65 periods
5 periods p/w 150 p/a			II	Oct-Mar	17 weeks	14 to 30	85 periods
MONTH	WEEK	PN	UNIT 1: OURSELVES				
April	Week 3	[150]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS	
13-Apr-15	17-Apr-15	11.	1.4: Good Health		Page No. 11	Reading & Explanation of Good Health on page No. 11, Writing of Question No.5 & 6 on Page No.14	
		12.	1.4: Good Health		Page No. 12	Reading & Explanation of Good Health on page No. 12, Writing of Question No.7 on Page No.14	
		13.	Map it out		Page No. 13	Explanation of Flow Chart of Ourselves & make it on the note-book on Page No.13	
		14.	Word Cloud		Page No. 12	Learn Word cloud on Page No.12, Solution of Activity No 2 on page No. 14-15	
		15.	Flow Chart of Ourselves/ Word Cloud		Page No.12-13	Test of Flow Chart of Ourselves & Word Cloud on Page No. 12-13	

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Science		Class-III 40 min		TERM INFORMATION		I Apr-Sep 13 weeks 1 to 13 65 periods		
5 periods p/w 150 p/a				II Oct-Mar 17 weeks 14 to 30 85 periods				
MONTH	WEEK	PN	UNIT 1: OURSELVES					
April		Week 4	[150]			TOPIC CONTENT & PAGE NUMBER		WORKBOOK OR ACTIVITY CONTENTS
20-Apr-15	24-Apr-15	16.	Design a balance diet for a meal		Page No. 16		Help the students to design a balance diet with all necessary nutrients on Page No.16	
		17.	Reinforcement of Unit no. 1		Page No. 2-5		Reinforcement of Page No. 2-5, Test of Question No. 1,2,3,4 on Page No.13	
		18.	Reinforcement Of Unit No.1		Page No.6-9		Reinforcement of Page No. 6-9, Test of Question No. 5,6,7 on Page No.14	
		19.	Reinforcement of Unit No. 1		Page No. 9-12		Reinforcement of Page No. 9-12, Test of Question No. 8,9 on Page No.14, Activity on Page No. 14-15	
		20.	Reinforcement + Test of Unit No.1		Page No. 13		Test of Flow chart on Page No.13, Design a balance diet on page No.16	

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Science	Class-III 40 min	TERM INFORMATION	I	Apr-Sep	13 weeks	1 to 13	65 periods
5 periods p/w 150 p/a			II	Oct-Mar	17 weeks	14 to 30	85 periods
MONTH	WEEK	PN	UNIT 2: WORLD AROUND US				
May	Week 1	[150]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS	
27-Apr-15	01-May-15	21.	2.1: Habitat		Page No. 18	Introduction to Unit 1: World around us, Reading & Explanation of 2.1 Habitat on Page No.18	
		22.	2.1: Habitat		Page No.19-20	Reading & Explanation of Habitat on Page No.19-20, Writing of Question No 1,2 on Page No. 22	
		23.	2.1: Habitat		Page No.21-22	Reading & Explanation of Habitat on Page No.21-22, Make the flow chart of World around us on Page No. 22	
		24.	Activity No 1 Activity No 2		Page No. 23 Page No.23	From Activity No 1 writing of Question No.3 & 4 on Page No.23, Activity No 2 solve t on Page No 23	
		25.	Flow Chart Activity No 1 & 2		Page No. 22 Page No. 22-23	Test of flow chart on page No. 22, Test of Activity No 1 & 2 on Page No 22-23	

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Scienc	Class-III 40 min	TERM INFORMATION	I	Apr-Sep	13 weeks	1 to 13	65 periods
5 periods p/w 150 p/a			II	Oct-Mar	17 weeks	14 to 30	85 periods
MONTH	WEEK	PN	UNIT 3: ANIMAL WORLD				
May	Week 2	[150]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS	
04-May-15	08-May-15	26.	3.1: Food & Feeding		Page No. 25	Reading & Explanation of unit 3: 3.1 Food & Feeding on Page No.25	
		27.	3.1: Food & Feeding		Page No. 26-27	Reading & Explanation of unit 3: 3.1 Food & Feeding on Page No.26-27	
		28.	Activity No 1		Page No. 35	Do activity No. 1 writing of Question No. 1 & 2 on Page No. 35	
		29.	Activity No 1		Page No. 35	Do activity No. 1 writing of Question No. 3,4 & 5 on Page No. 35	
		30.	Test of Activity Questions		Page No. 35	Test of Question No. 1,2,3,4 & 5 from activity No. 1 on Page No. 35	

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MONTH	WEEK	PN	UNIT 3: ANIMAL WORLD	WORKBOOK OR ACTIVITY CONTENTS
Science	Class-III 40 min		TERM INFORMATION	
5 periods p/w 150 p/a			I Apr-Sep 13 weeks 1 to 13 65 periods	
			II Oct-Mar 17 weeks 14 to 30 85 periods	
May	Week 3	[150]	TOPIC CONTENT & PAGE NUMBER	WORKBOOK OR ACTIVITY CONTENTS
11-May-15	15-May-15	31.	3.2: Life process of animals Page No. 27-28	Reading & Explanation of unit 3: 3.2 Life process of animals on Page No.27-28
		32.	3.2: Life process of animals Page No. 28-29	Reading & Explanation of unit 3: 3.2 Life process of animals on Page No.28-29
		33.	3.3: Life cycles Life cycles of Vertebrates & Invertebrates Page No. 29-30	Reading & Explanation of unit 3: 3.3 Life cycles (life cycles of vertebrates & invertebrates) on Page No.29-30
		34.	Reinforcement 3.3: Life Cycles Life cycles of Vertebrates & Invertebrates Page No.29-30	Reinforcement of unit 3: 3.3 Life cycles (life cycles of vertebrates & invertebrates) on Page No.29-30
		35.	3.4: Traits passed on from parents Mammals & Egg-laying animals Page No. 30-31	Reading & Explanation of unit 3: 3.4 Traits passed on from parents (Mammals & egg-laying animals) on Page No.30-31

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MONTH	WEEK	PN	UNIT 3: ANIMAL WORLD	WORKBOOK OR ACTIVITY CONTENTS
Science	Class-III 40 min		TERM INFORMATION	
5 periods p/w 150 p/a			I Apr-Sep 13 weeks 1 to 13 65 periods	
			II Oct-Mar 17 weeks 14 to 30 85 periods	
May	Week 4	[150]	TOPIC CONTENT & PAGE NUMBER	WORKBOOK OR ACTIVITY CONTENTS
18-May-15	22-May-15	36.	3.2: Life process of animals Revision	Page No. 27-29 Revision of 3.2: Life Process of animals & on Page No.27-29
		37.	3.3: Life Cycles Revision	Page No. 29-31 Revision of 3.3: Life cycles on Page No. 29-30
		38.	Life cycle of vertebrates	Page No. 29 Draw & label the diagram of life cycle of frog on Page No.29
		39.	Life cycle of invertebrates	Page No. 30 Draw & label the diagram of life cycle of butterfly on Page No.30
		40.	Life cycle of vertebrates & Invertebrates	Page No.29-30 Draw & label the diagram of life cycle of frog & butterfly on Page No.29-30

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MONTH	WEEK	PN	UNIT 3: ANIMAL WORLD			
			TOPIC CONTENT & PAGE NUMBER		WORKBOOK OR ACTIVITY CONTENTS	
June	Week 1	[150]				
25-May-15	29-May-15	41.	3.5: Importance of sanctuaries, safaris and zoo	Page No. 31-32	Reading & Explanation of unit 3, 3.5: Importance of sanctuaries, safaris and zoo on Page No.31-32	
		42.	Think Tank	Page No. 33	Reading & Explanation of unit 3, 3.5: Importance of sanctuaries, safaris and zoo with the help of Think Tank on Page No. 33	
		43.	Word Cloud	Page No. 34	Reading/ Explanation & Learning of unit 3, Word Cloud on Page No. 34	
		44.	Flow Chart of Animal World	Page No. 34	Make a Flow Chart of Animal World on Page No. 34	
		45.	Word Cloud/ Animal World	Page No. 34	Test of Word Cloud & Flow Chart of Animal World on Page No. 34	

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PLANNING WEEK

10/13 10/30

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THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

Science	Class-III 40 min	TERM INFORMATION	I	Apr-Sep	13 weeks	1 to 13	65 periods
5 periods p/w 150 p/a			II	Oct-Mar	17 weeks	14 to 30	85 periods
MONTH	WEEK	PN	UNIT 3: ANIMAL WORLD				
August	Week 1	[150]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS	
03-Aug-15	07-Aug-15	46.	Activity No. 1	Page No.35	Test of Activity No 1, Question No. 1,2,3,4 & 5 on Page No 35		
		47.	Activity No. 1	Page No. 35-36	Writing & Explanation of Question No. 6,7 & 8 from Activity No. 1 on Page No.35-36		
		48.	Activity No. 1	Page No. 36	Writing & Explanation of Question No. 9 & 10 from Activity No. 1 on Page No. 36		
		49.	Activity No. 2 Let's do it	Page No. 37 Page No. 38	Solution of Activity No. 2 on Page No. 37, Let's do it (Part A,B) on Page No. 38		
		50.	Let's do it	Page No. 38	Let's do it (Part C) describe 7 draw the life cycle of mosquito on Page No. 38		

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11/13 11/30

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Science	Class-III 40 min	TERM INFORMATION	I	Apr-Sep	13 weeks	1 to 13	65 periods	
5 periods p/w 150 p/a			II	Oct-Mar	17 weeks	14 to 30	85 periods	
MONTH	WEEK	PN	UNIT 3: ANIMAL WORLD					
August	Week 2	[150]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS		
10-Aug-15	14-Aug-15	51.	Reinforcement of Unit 3: Animal World		Page No. 25-38	Reinforcement of Unit 3: Animal world from page No. 25-38		
		52.	Activity No. 1		Page no. 35-36	Test of activity No. 1 from page No. 35-36		
		53.	Diagram of Life cycle of Vertebrates & Invertebrates			Page No. 29-30	Test of diagrams of Life cycle of Frog & Butterfly on page No. 29-30	
		54.	Unit 3: Flow Chart / Word Cloud		Page No. 34	Test of Flow Chart & Word Cloud on Page No. 34		
		55.	Activity No. 2 Life cycle of mosquito		Page No. 36-37 Page No.38	Test of Activity No.2 on page No. 36-37 & test of diagram of life cycle of mosquito on page No. 38		

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12/13 12/30

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Science	Class-III 40 min	TERM INFORMATION	I	Apr-Sep	13 weeks	1 to 13	65 periods
5 periods p/w 150 p/a			II	Oct-Mar	17 weeks	14 to 30	85 periods
MONTH	WEEK	PN	UNIT 1: OURSELVES - Revision				
August	Week 3	[150]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS	
17-Aug-15	21-Aug-15	56.	UNIT 1: Ourselves	Page No. 02-06		Revision of Unit 1: Ourselves with diagram on Page no.2-6	
		57.	UNIT 1: Ourselves	Page No. 02-06		Revision of Unit 1: Ourselves with diagram on Page no. 7-12, Test of Word Cloud on page No. 12	
		58.	UNIT 1: Ourselves –diagram of muscles Human denture	Page No. 04 Page No. 10		Revision of Unit 1: Ourselves, diagram of skeletal/cardiac & smooth muscles on page No.4, Human denture on page No.10	
		59.	Unit 1: Ourselves- Activity No. 1	Page No. 13-14		Revision of Unit 1: Ourselves, Activity No.1 on page No. 13-14	
		60.	Unit 1: Ourselves- Activity No. 2	Page No. 14-16		Revision of Unit 1: Ourselves, Activity No.2 on page No. 14-16	

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PLANNING WEEK

13/13 13/30

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Science	Class-III 40 min	TERM INFORMATION	I	Apr-Sep	13 weeks	1 to 13	65 periods
5 periods p/w 150 p/a			II	Oct-Mar	17 weeks	14 to 30	85 periods
MONTH	WEEK	PN	UNIT 2: WORLD AROUND US - Revision				
August	Week 4	[150]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS	
24-Aug-15	28-Aug-15	61.	Unit 2: World around us	Page No. 18-20		Revision of Unit 2: World around us on Page no. 18-20	
		62.	Unit 2: World around us	Page No. 21-22		Revision of Unit 2: World around us on Page no. 21-22	
		63.	Flow Chart/ Word Cloud	Page No. 22		Test of Unit 2: World around us flow chart & Word cloud on page No.22	
		64.	Activity No. 1	Page No. 22		Test of Unit 2: World around us, Activity No.1 on page No. 22	
		65.	Activity No. 2	Page No. 23		Test of Unit 2: World around us, Activity No.2 on page No. 23	

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PLANNING WEEK

1 /17 14/30

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MONTH	WEEK	PN	UNIT 4: PLANT WORLD	WORKBOOK OR ACTIVITY CONTENTS
September	Week 1	[150]	TOPIC CONTENT & PAGE NUMBER	
31-Aug-15	04-Sep-15	66.	4.1: Parts of a plant & its function Page No. 40	Reading & Explanation of Unit 4: Plant World, Introduction 4.1: Parts of a plant and its function, draw & label the diagram of parts of plant on page No. 40
		67.	Types of root system/ function of root/ stem/leaves/Factors needed for the healthy growth of a plant Page No. 41-42	Reading & Explanation from Unit 4: Plant World,4.1: Parts of a plant and its function-Types of root system/ function of root/ stem/leaves/Factors needed for the healthy growth of a plant on page No. 41-42
		68.	4.1: Parts of a plant & its function Page No. 40-42	Self-Creative Activity e.g Write the part of the plant & their function. From Page No. 40-42
		69.	4.1: Parts of a plant & its function Page No. 40-42	Test of Question: e.g Write the part of the plant & their function. From Page No. 40-42
		70.	4.1: Parts of a plant & its function Page No. 40-42	Revision: Test of diagram of parts of planta on Page No.40-42

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PLANNING WEEK

2 /17 15/30

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

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Science	Class-III 40 min	TERM INFORMATION	I	Apr-Sep	13 weeks	1 to 13	65 periods
5 periods p/w 150 p/a			II	Oct-Mar	17 weeks	14 to 30	85 periods
MONTH	WEEK	PN	UNIT 4: PLANT WORLD				
October	Week 1	[150]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS	
05-Oct-15	09-Oct-15	71.	4.2: Benefits of Plants/ Plants as medicines		Page No. 43	Reading & Explanation of Unit 4: Plant World,4.2: Benefits of plants on page No. 43	
		72.	4.2: Benefits of Plants		Page No. 43	Plan an activity based on think tank on page No. 43	
		73.	Plants for making furniture/bringing rain/lowering the temperature		Page No. 44-45	Reading & Explanation of Unit 4: Plant World,4.2: Benefits of plants on page No. 44-45	
		74.	Word Cloud Flow Chart of Plant World		Page No.45 Page No. 46	Lear Word Cloud on page No. 45 & make a flow chart of Plant World on page No. 45	
		75.	Think Tank Flow Chart of Plant World		Page No. 43 Page No. 46	Test of Think Tank on page No. 43 & Test of Flow Chart of Plant World on Page No. 46	

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PLANNING WEEK

3 /17 16/30

SUBJECT CODE

5243

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

Science		Class-III 40 min		TERM INFORMATION		I Apr-Sep		13 weeks		1 to 13		65 periods		
5 periods p/w 150 p/a						II Oct-Mar		17 weeks		14 to 30		85 periods		
MONTH	WEEK	PN	UNIT 4: PLANT WORLD											
October	Week 2	[150]	TOPIC CONTENT & PAGE NUMBER							WORKBOOK OR ACTIVITY CONTENTS				
12-Oct-15	16-Oct-15	76.	Word Cloud	Page No. 45		Test of Word cloud with their meanings on page No. 45								
		77.	Activity No. 1 Activity No. 2	Page No. 46-47 Page No. 48		Solution of Activity No. 1 on page No. 46-47 & Activity No. 2 question No 1 & 2 on page No.48								
		78.	Activity No. 2	Page No. 48		Solution of Activity No. 2 question No 3,4 & 5 on page No.48								
		79.	Activity No. 3 Let's do it	Page No. 49 Page No. 49		Solution of Activity No. 3 Practical Work: Let's do it on page No.49								
		80.	Activity No. 2 & 3	Page No. 46-49		Test of Activity No. 2 & 3 on page No. 46-49								

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PLANNING WEEK

4 /17 17/30

SUBJECT CODE

5243

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

Science	Class-III 40 min	TERM INFORMATION	I	Apr-Sep	13 weeks	1 to 13	65 periods
5 periods p/w 150 p/a			II	Oct-Mar	17 weeks	14 to 30	85 periods
MONTH	WEEK	PN	UNIT 5: MATERIALS AROUND US				
October	Week 3	[150]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS	
19-Oct-15	23-Oct-15	81.	5.1: All sorts of matter		Page No. 51-52	Reading & Explanation of Unit 5: Materials around us, Introduction 5.1: All sorts of matter on page No. 51-52	
		82.	Properties of Matter		Page No. 52-53	Reading & Explanation of Unit 5: Materials around us, 5.1- Properties of matter on page No. 52-53	
		83.	Activity No.1		Page No. 63	Activity No. 1 write question No. 1 & 2 on page No. 63	
		84.	Revision		Page No. 52-53	Revision of Unit 5: Materials around us, Introduction 5.1: All sorts of matter on page No. 52-53	
		85.	Activity No. 1		Page No. 63	Test of Activity No. 1 Question No 1 & 2 on page No. 63	

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PLANNING WEEK

5 /17 18/30

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

SUBJECT CODE
5243

Science	Class-III 40 min	TERM INFORMATION	I	Apr-Sep	13 weeks	1 to 13	65 periods
5 periods p/w 150 p/a			II	Oct-Mar	17 weeks	14 to 30	85 periods
MONTH	WEEK	PN	UNIT 5: MATERIALS AROUND US				
October	Week 4	[150]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS	
26-Oct-15	30-Oct-15	86.	Uses of matter/Rocks as materials/Uses of rocks on the basis of their permeability/Types of Rocks			Page No. 54-56	
		87.	Types of Rocks			Page No. 56	
		88.	Activity No. 1			Page No. 63	
		89.	5.2: Selecting materials			Page No. 57	
		90.	5.2: Selecting materials/ Alloys			Page No. 58	

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PLANNING WEEK

6 /17 19/30

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

SUBJECT CODE
5243

Science	Class-III 40 min	TERM INFORMATION	I	Apr-Sep	13 weeks	1 to 13	65 periods
5 periods p/w 150 p/a			II	Oct-Mar	17 weeks	14 to 30	85 periods
MONTH	WEEK	PN	UNIT 5: MATERIALS ROUND US				
November	Week 1	[150]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS	
02-Nov-15	06-Nov-15	91.	Activity No. 1		Page No. 63	Activity No. 1 Write question No. 5 on page No. 63	
		92.	5.3: States of matter and its properties		Page No. 58-59	Reading & Explanation of Unit 5: 5.3: State of matter & its properties on page No. 58-59	
		93.	5.3: State of matter & its properties/Properties		Page No. 60	Reading & Explanation of Unit 5: 5.3: States of matter & its properties/ Properties on page No. 60	
		94.	Activity No. 1		Page No. 63	Activity No. 1 Write question No. 5,6 & 7 on page No. 63	
		95.	Activity No. 1		Page No. 63	Test of Activity No. 1 Write question No. 5,6 & 7 on page No. 63	

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PLANNING WEEK

7 /17 20/30

SUBJECT CODE
5243

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

Science	Class-III 40 min	TERM INFORMATION	I	Apr-Sep	13 weeks	1 to 13	65 periods
5 periods p/w 150 p/a			II	Oct-Mar	17 weeks	14 to 30	85 periods
MONTH	WEEK	PN	UNIT 5: MATERIALS AROUND US				
November	Week 2	[150]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS	
09-Nov-15	13-Nov-15	96.	Water Cycle	Page No. 60-61	Reading & Explanation of Unit 5: 5.3: Water Cycle on page No. 60-61, Draw & label the diagram of water Cycle on page No. 61		
		97.	Word Cloud	Page No. 62	Read/Explain & write Word Cloud with their meanings on Page No. 62		
		98.	Flow Chart of Material around us	Page No. 62	Make the flow chart of Material around us on page No. 62		
		99.	Activity No. 1	Page No. 64	Activity No. 1 write question No. 8,9 & 10 on page No.64		
		100.	Activity No. 1	Page No. 64	Activity No. 1 write question No. 11 & 12 on page No.64		

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PLANNING WEEK

8 /17 21/30

SUBJECT CODE

5243

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

Science		Class-III 40 min		TERM INFORMATION		I Apr-Sep 13 weeks 1 to 13 65 periods	
5 periods p/w 150 p/a				II Oct-Mar 17 weeks 14 to 30 85 periods			
MONTH	WEEK	PN	UNIT 5: MATERIALS AROUND US				
November		Week 3	[150]	TOPIC CONTENT & PAGE NUMBER		WORKBOOK OR ACTIVITY CONTENTS	
16-Nov-15	20-Nov-15	101.	Activity No. 2 & 3		Page No. 64-65		Solution of Activity No. 2 & 3 on page No. 64-65
		102.	Activity No. 4		Page No. 66		Solution of Activity No. 4 on page No. 66, Science skills practical A & B on page No. 66
		103.	Let's do it		Page No. 67-68		Practical Work-Let's do it on page No. 67-68
		104.	Activity No. 1		Page No.63-64		Test of Activity No. 1 question No. 1-10 on page No. 63-64
		105.	Activity No. 2,3,4		Page No. 64-66		Test of Activity No. 2,3 & 4 on page No. 64-66

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PLANNING WEEK

9 /17 22/30

SUBJECT CODE

5243

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

MONTH	WEEK	PN	UNIT 6: FORCES, LIGHT, SOUND & ELECTRICITY	WORKBOOK OR ACTIVITY CONTENTS
23-Nov-15	27-Nov-15	106.	6.1: Forces & Motion Page No. 70	Reading & Explanation of Unit 6: Forces, Light, sound & electricity, Introduction, 6.1: Forces & Motion on page No. 70
		107.	Air resistance as pushing force/mass/weight Page No. 71	Reading & Explanation of Unit 6, 6.1: Forces & Motion- Air resistance as pushing force/mass/weight on page No. 71
		108.	Role of spring balance in measuring the amount of force/ Force of friction Page No. 72	Reading & Explanation of Unit 6, 6.1: Forces & Motion- Role of spring balance in measuring the amount of force/ Force of friction on page No. 72
		109.	Force of friction/ Ways of reducing friction Pages No. 73	Reading & Explanation of Unit 6, 6.1: Forces & Motion- Remaining of Force of friction/ Ways of reducing friction on page No. 73
		110.	Activity No. 4 Page No. 82	Solution of Activity No. 4 write question No. 1,2 & 3 on page No. 82

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PLANNING WEEK

10/17 23/30

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

SUBJECT CODE

5243

Science	Class-III 40 min	TERM INFORMATION		I	Apr-Sep	13 weeks	1 to 13	65 periods
5 periods p/w 150 p/a				II	Oct-Mar	17 weeks	14 to 30	85 periods
MONTH	WEEK	PN	UNIT 6: FORCES, LIGHT, SOUND & ELECTRICITY					
December	Week 1	[150]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS		
30-Nov-15	04-Dec-15	111.	Activity No. 4		Page No. 82	Test of Activity No. 4 write question No. 1,2 & 3 on page No. 82		
		112.	6.2: Light, Shadow & Colour		Page No. 74	Reading & Explanation of Unit 6, 6.2: Light, Shadow & Colour-Light sources/ artificial sources of light/ form of energy on page No. 74		
		113.	Properties of Light Think Tank		Page No. 75 Page No. 75	Reading & Explanation of Unit 6, 6.2: Light, Shadow & Colour-Properties of light on page No. 75, Solution of think Tank on page No. 75,		
		114.	Activity No. 4		Page No. 82	Solution of Activity No. 4 write question No. 4 & 5 on page No. 82		
		115.	Did you know Sundial/Rainbows		Page No. 76 Page No. 76	Did you know on page No. 76, Reading & Explanation of unit 6: Sundial/Rainbows on page No. 76, Activity No. 4 write question No. 6 on page No. 82		

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PLANNING WEEK

11/17 24/30

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

SUBJECT CODE
5243

Science	Class-III 40 min	TERM INFORMATION	I Apr-Sep	13 weeks	1 to 13	65 periods
5 periods p/w 150 p/a			II Oct-Mar	17 weeks	14 to 30	85 periods
MONTH	WEEK	PN	UNIT 6: FORCES, LIGHT, SOUND & ELECTRICITY			
December	Week 2	[150]	TOPIC CONTENT & PAGE NUMBER		WORKBOOK OR ACTIVITY CONTENTS	
07-Dec-15	11-Dec-15	116.	Activity No.4	Page No. 82	Test of Activity No. 4 Question No. 1,2,3,4,5 & 6 on page No. 82	
		117.	Activity No.4	Page No. 82	Activity No. 4 write question No 7 & 8 on page No. 82	
		118.	6.3: Sources & uses of heat, sound and electricity	Page No. 76-79	Reading & Explanation of unit 6: 6.3: Sources& uses of heat, sound and electricity on page No 77-79	
		119.	Word Cloud Activity No. 4	Page No. 79 Page No. 83	Read & write meanings of word cloud on page No. 79, Activity No.4 write question No 9 & 10 on page No. 83	
		120.	Flow Chart	Page No. 80	Explain & make the flow chart of Forces & Motion on page No. 80	

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PLANNING WEEK

12/17 25/30

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

SUBJECT CODE
5243

Science	Class-III 40 min	TERM INFORMATION	I Apr-Sep	13 weeks	1 to 13	65 periods
5 periods p/w 150 p/a			II Oct-Mar	17 weeks	14 to 30	85 periods
MONTH	WEEK	PN	UNIT 6: FORCES, LIGHT, SOUND & ELECTRICITY			
December	Week 3	[150]	TOPIC CONTENT & PAGE NUMBER		WORKBOOK OR ACTIVITY CONTENTS	
14-Dec-15	18-Dec-15	121.	Word Cloud Flow Chart	Page No. 79 Page No. 80	Test of word cloud with their meanings on page No 79 & Flow chart on page No. 80	
		122.	Activity No. 1,2 & 3 Activity No. 4	Page No. 80-81 Page No. 83	Solution of Activity No. 1,2 & 3 on page No. 80-81 & Activity No. 4 write question No 11 & 12 on page No. 83	
		123.	Activity No. 5,6 & 7	Page No. 83-85	Solution of Activity No. 5,6 & 7 on page no. 83-85	
		124.	Activity No. 1	Page No. 82-83	Test of Activity No. 1 question No. 7,8,9 & 10 on page No. 82-83	
		125.	Activity No. 1	Page No. 83	Test of Activity No. 1 question No. 11 & 12 on page No. 83	

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PLANNING WEEK

13/17 26/30

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

SUBJECT CODE
5243

Science	Class-III 40 min	TERM INFORMATION	I	Apr-Sep	13 weeks	1 to 13	65 periods
5 periods p/w 150 p/a			II	Oct-Mar	17 weeks	14 to 30	85 periods
MONTH	WEEK	PN	UNIT 6: FORCES, LIGHT, SOUND & ELECTRICITY				
January	Week 1	[150]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS	
04-Jan-16	08-Jan-16	126.	Let's do it A. Make a balance	Page No. 86	Practical Work to make a balance on page No. 86		
		127.	Let's do it B. Make a Sun Clock	Page No. 87	Practical Work to make a Sun Clock on page No. 87		
		128.	Let's do it C. Make invisible Ink	Page No. 87-88	Practical Work to make Invisible Ink on page No. 87-88		
		129.	Let's do it: Practical's A,B & C	Page No. 86-88	Test of Practical's A. make a balance/sun clock & invisible ink on page No. 86-88		
		130.	Activity No. 1,2,3,5 & 6	Page No. 80-84	Test of Activity No. 1,2,3,5 & 6 on page No. 80-84		

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PLANNING WEEK

14/17 27/30

SUBJECT CODE

5243

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MONTH	WEEK	PN	UNIT 7: EARTH & BEYOND	WORKBOOK OR ACTIVITY CONTENTS
11-Jan-16	15-Jan-16	131.	7.1: The Changing Moon	Page No. 90 Reading & Explanation of Unit 7: Earth & Beyond, Introduction, 7.1: The changing moon on page No 90
		132.	Phases of Moon	Page No. 90-92 Reading & Explanation of Unit 7: 7.1: The changing moon- Phases of moon on page No 90-92
		133.	Activity No. 1	Page No. 96 Activity No. 1 write question No. 1,2,3 & 4 on page No. 96
		134.	72: Weather Activity No. 1	Page No. 92-93 Page No. 96 Reading & Explanation of Unit 7: 7.2: Weather on page No 90-92, Activity No. 1 write question No 5 on page No. 96
		135.	Weather Instruments Activity No. 1	Page No. 94-95 Page No. 96 Reading & Explanation of Unit 7: 7.2: Weather Instruments on page No 94-96, Activity No. 1 write question No 6 on page No. 96

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PLANNING WEEK

15/17 28/30

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

SUBJECT CODE
5243

Science	Class-III 40 min	TERM INFORMATION	I	Apr-Sep	13 weeks	1 to 13	65 periods
5 periods p/w 150 p/a			II	Oct-Mar	17 weeks	14 to 30	85 periods
MONTH	WEEK	PN	UNIT 7: EARTH & BEYOND				
January	Week 3	[150]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS	
18-Jan-16	22-Jan-16	136.	Activity No. 1	Page No. 96	Test of Activity No. 1 write question No. 1,2,3 & 4 on page No. 96		
		137.	Word Cloud Flow Chart	Page No. 95 Page No. 95	Read & write Word Cloud with their meaning on page No. 95, Draw & explain the flow chart of Earth & Beyond on page No. 95		
		138.	Activity No. 1 Activity No. 2,3 & 4	Page No. 96 Page No. 97	Activity No. 1, write question No. 7 & 8 on Page No. 96, Solution of Activity No. 2,3 & 4 on Page No. 97		
		139.	Activity No. 5 Science skills Let's do it	Page No. 98 Page No. 99 Page No. 99	Solution of Activity No. 5 on Page No. 98, Science skills on Page No. 99, Let's do it Practical A.on Page No. 99		
		140.	Let's do it	Page No. 100	Let's do it Practical B. on Page No.100		

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PLANNING WEEK

16/17 29/30

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SUBJECT CODE
5243

Science	Class-III 40 min	TERM INFORMATION	I	Apr-Sep	13 weeks	1 to 13	65 periods
5 periods p/w 150 p/a			II	Oct-Mar	17 weeks	14 to 30	85 periods
MONTH	WEEK	PN	REVISION WEEK				
January	Week 4	[150]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS	
25-Jan-16	29-Jan-16	141.	Activity No. 1		Page No. 96	Test of Activity no. 1 on page No. 96	
		142.	Activity No. 2,3,4 & 5		Page No. 97-99	Test of Activity No. 2,3,4 & 5 on Page No. 97-99	
		143.	Let's do it		Page No. 99-100	Test of Practical's A,B & C from Let's do it on page no. 99-100	
		144.	Flow Chart Word Cloud Activity No.1, 2,3 & 5		Page No. 80 Page No. 79 Page No. 80-83	Test of Flow Chart of force & motion on Page No. 80, Word Cloud on Page No. 79 & Activity No. 1,2,3 & 5 on Page No. 80-83	
		145.	Activity No. 6 & 7 Practical's		Page No. 84 Page No. 85-88	Test of Activity No. 6 & 7 on page No. 84 & Revision of Practical's on page no. 85-88	



PLANNING WEEK

17/17 30/30

THIS IS OUR NEW TEACHING WEEK. PLAN IT CAREFULLY. FILL OUT THE FIELDS TO IMPLEMENT IT EFFECTIVELY.

SUBJECT CODE
5243

Science	Class-III 40 min	TERM INFORMATION	I	Apr-Sep	13 weeks	1 to 13	65 periods
5 periods p/w 150 p/a			II	Oct-Mar	17 weeks	14 to 30	85 periods
MONTH	WEEK	PN	REVISION WEEK				
February	Week 1	[150]	TOPIC CONTENT & PAGE NUMBER			WORKBOOK OR ACTIVITY CONTENTS	
01-Feb-16	05-Feb-16	146.	Activity No. 1,2,3 & 4 Diagram of Water Cycle		Page No.63-66 Page No. 61	Test of Activity No. 1,2,3 & 4 on page no. 63-66, Draw 7 Label the diagram of Water Cycle on Page No. 61	
		147.	Science Skills A & B Word Cloud Flow Chart		Page No. 66 Page No. 62 Page No. 62	Revision of Practical's A & B on page No. 66, Test of Flow Chart of materials around us on page no. 62 & Word Cloud on page no. 62	
		148.	Activity No. 1,2 & 3 Let's do it		Page No. 46-49 Page No. 49	Test of Activity No. 1,2 & 3 on page No. 46-49 & Practical work from Let's do it on page no. 49	
		149.	Draw & Label		Page No. 40	Test of draw & label the diagram of parts of plants on page No. 40	
		150.	Word Cloud Flow Chart		Page No. 45 Page No. 46	Test of Word Cloud on page No. 45 & Flow Chart of plant world on page no. 46	

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